

# McLeod Health

## Nurse Residency Program

### Overview of the Nurse Residency Program

At McLeod Health we want to support you in your new nursing role. The McLeod Health Nurse Residency Program assists the New Graduate Nurse to transition into a professional nurse role via workshop-style learning seminars. The Nurse Residency Program uses a guided development curriculum to support and promote competence, confidence, and professionalism in the New Graduate Nurse.

#### Components

- 6 months
- 6 seminars, 4 hours each
- Classroom with didactic teaching, role play, case study, hands-on skills, and simulations
- Content is interactive and engaging
- Content expert guest speakers

#### Topics

- Stress management
- Time management, communication, delegation, chain of command
- ECG assessment and intervention
- Survey readiness
- Documentation and med errors
- Vascular access
- Professional development
- Multiple skills, with return demo, based on nurse resident needs

#### Schedule

- The nurse resident should not work the night before the seminar
  - Attendance is mandatory
  - Graduation ceremony at completion
  - \$200 bonus at completion of the program (attendance at all 6 seminars required)
  - Your first seminar will be on:
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#### Cohorts

- New graduate nurses or nurses new to the hospital setting
- Start date determined based on hire date
- Remain in same cohort throughout the nurse residency program

#### Contact

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# McLeod Health

## Nurse Residency Program

### Agenda

### Class Time

#### Seminar 1

**Introduction**, Casey-Fink Survey, Agreement  
Stress Management and self-care

*Break*

**Skill:** Foley insertion/removal, care, specimen collection – focus on CAUTI prevention

**Sim:** Intro to sim man and expectations for participation —  
BLS mock code and emphasis on correctly calling a code

**8:30 – 9:15 am**

9:15 – 10:15 am

10:15 – 10:30 am

10:30 – 11:30 am

11:30 am – 12:30 pm

#### Seminar 2

**Discussion**

Time management

Communication-SBAR, closed loop, chain of command

Red card game (time management and critical thinking

HAPI Prevention

*Break*

**Skill:** Drains, ostomies, wounds – focus on HAPI prevention

**Sim:** Acute MI, SVT, rapid response

**8:30 – 9:00 am**

9:00 – 10:45 am

10:45 – 11:00 am

11:00 – 11:45 am

11:45 am – 12:30 pm

#### Seminar 3

**Discussion**

ECG Class

*Break*

**Skill:** Crash cart and defibrillator

**Sim:** Code blue, rhythms

**8:30 – 9:00 am**

9:00 – 10:45 am

10:45 – 11:00 am

11:00 – 11:45 am

11:45 am – 12:30 pm

#### Seminar 4

**Discussion**

Vascular access class – IV starts, blood cultures, access, flush – focus on CLABSI prevention

Stroke identification and response

*Break*

**Skill:** central line dressing change, IV starts

**Sim:** Code stroke

**8:30 – 9:00 am**

9:00 – 10:45 am

10:45 – 11:00 am

11:00 – 11:45 am

11:45 am – 12:30 pm

#### Seminar 5

**Discussion**

Survey Readiness (15min), Clinical Effectiveness (15 min), Case Management (15 min)

Documentation and Medication Errors (60 min)

*Break*

**Skill:** Chest tubes, tracheostomies, tube feedings

**Sim:** Code blue emphasizing code roles, documentation,  
closed loop communication, and SBAR with the provider

**8:30 – 9:00 am**

9:00 – 10:45 am

10:45 – 11:00 am

11:00 – 11:45 am

11:45 – 12:30 am

#### Seminar 6

**Discussion**

Professional Development- prof organizations, certifications, license renewal (30 min)

Service Excellence: Press Ganey and Value Based Purchasing (30 min)

Dying and death (15 min)

Palliative care (15 min)

*Break*

**Skill:** TBD based on needs assessment

**Sim:** BLS code sim and debrief

**8:30 – 9:00 am**

9:00 – 10:45 am

10:45 – 11:00 am

11:00 – 11:45 am

11:45 am – 12:30 pm