

# McLeod Health

## Nurse Residency Program

### Overview of the Nurse Residency Program

At McLeod Health we want to support you in your new nursing role. The McLeod Health Nurse Residency Program assists the New Graduate Nurse to transition into a professional nurse role via workshop-style learning seminars. The Nurse Residency Program uses a guided development curriculum to support and promote competence, confidence, and professionalism in the New Graduate Nurse.

#### Components

- 6 months
- 6 seminars, 4 hours each  
8:30 am to 12:30 pm
- Classroom with didactic teaching, role play, case study, hands-on skills and simulations
- Content is interactive and engaging
- Content expert guest speakers

#### Topics

- Stress management
- Time management, communication, delegation, chain of command
- ECG assessment and intervention
- Survey readiness
- Documentation and medication errors
- Vascular access
- Professional development
- Multiple skills, with return demo, based on nurse resident needs

#### Schedule

- The nurse resident should not work the night before the seminar
- Attendance is mandatory
- Graduation ceremony at completion
- Your Seminar Dates are:

_____	_____
_____	_____
_____	_____

#### Cohorts

- New graduate nurses or nurses new to the hospital setting
- Start date determined based on hire date
- Remain in same cohort throughout the nurse residency program

#### Contact

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### Seminar Agenda

### Guest Speakers & Length

#### Seminar 1 Agenda

Welcome by Senior Leadership	8:30 – 9:30 am
Program overview, Casey-Fink survey, contract	9:30 – 9:40 am
Break	9:40 – 9:55 am
Stress management and self-care	9:55 – 10:10 am
Wound care	10:10 – 10:35 am
Nutrition and supplement tasting ( <i>guest speaker from nutrition</i> )	10:35 – 11:00 am
<b>Skill:</b> wounds, drains, and ostomies	11:00 – 11:45 am
<b>Sim:</b> intro to sim man and expectations for participation – BLS mock code and emphasis on correctly calling a code	11:45 – 12:30 pm

#### Seminar 2 Agenda

Discussion	8:30 – 9:00 am
Time management, delegation, critical thinking	9:00 – 9:45 am
Break	9:45 – 10:00 am
Red card game ( <i>divide in 2 groups</i> )	10:00 – 10:15 am
Communication-SBAR, closed loop, chain of command	10:15 – 11:00 am
<b>Skill:</b> Indwelling (Foley) catheter insertion/removal/care and specimen collection	11:00 – 11:45 am
<b>Sim:</b> Acute MI, SVT, rapid response. Emphasis on closed loop communication and SBAR for provider	11:45 – 12:30 pm

#### Seminar 3 Agenda

Discussion	8:30 – 9:00 am
ECG Class	9:00 – 9:45 am
Break	9:45 – 10:00 am
ECG Class and test	10:00 – 11:00 am
<b>Skill:</b> Crash cart, defibrillator, airway box, Broslow bag	11:00 – 11:45 am
<b>Sim:</b> Code blue, rhythms	11:45 – 12:30 pm

#### Seminar 4 Agenda

Discussion	8:30 – 9:00 am
Vascular access class – types of lines, assessment, access, care, removal, and blood transfusions	9:00 – 10:00 am
Break	10:00 – 10:15 am
Stroke recognition and nursing management	10:15 – 11:00 am
<b>Skill:</b> Central line dressing change, blood culture return demo	11:00 – 11:45 am
<b>Sim:</b> Code stroke and blood transfusion reaction	11:45 – 12:30 pm

#### Seminar 5 Agenda

Discussion	8:30 – 9:00 am
Case Management ( <i>guest speaker</i> )	9:00 – 9:15 am
Survey readiness ( <i>guest speaker</i> )	9:15 – 9:30 am
Break	9:30 – 9:45 am
Documentation and medication errors	9:45 – 10:15 am
<b>Skill:</b> Chest tubes, tracheostomies	10:15 – 11:00 am
<b>Sim:</b> Medication error management and trach complications	11:00 – 11:45 am

#### Seminar 6 Agenda

Discussion	8:30 – 9:00 am
Service Excellence ( <i>guest speaker</i> )	9:00 – 9:30 am
Dying and death ( <i>guest speaker</i> )	9:30 – 9:45 am
Palliative care ( <i>guest speaker</i> )	9:45 – 10:00 am
Break	10:00 – 10:15 am
Professional development	10:15 – 10:30 am
<b>Skill:</b> Nasogastric tubes	10:30 – 11:15 am
<b>Sim:</b> Team communication and roles	11:15 – 12:00 pm